

LONGMONT SCHEDULE



	Monday	Tuesday	Wednesday	Thursday	Friday
Little Ripples (ages 3-6)	5:45-6:15pm <i>6:15-6:30pm</i>	3:30-4pm <i>4-4:15pm</i>	5:30-6pm <i>6-6:15pm</i>	3:45-4:15pm <i>4:15-4:30pm</i>	4-4:30pm
White	<i>4:45-5pm</i>	<i>4-4:15pm</i>	<i>6-6:15pm</i>	<i>4:15-4:30pm</i>	6-6:45pm
Gold	5-5:45pm	4:15-5pm	6:15-7pm	4:30-5:15pm	
High Gold, Orange & High Orange	<i>6:15-6:30pm</i> 6:30-7:15pm	5-5:45pm <i>5:45-6pm</i>		7:45-8:30pm <i>8:30-8:45pm</i>	4:30-5:15pm
Green-Purple	4-4:45pm <i>4:45-5pm</i>	<i>5:45-6pm</i> 6-6:45pm	<i>4:30-4:45pm</i> 4:45-5:30pm	<i>6:45-7pm</i> 7-7:45pm	
Blue-High Blue					
Red-Low Brown	7:15-8pm <i>8-8:15pm</i>	6:45-7:30pm <i>7:30-7:45pm</i>	7-7:45pm <i>7:45-8pm</i>	6-6:45pm <i>6:45-7pm</i>	
Brown-High Brown					
Conditional Black	<i>8-8:15pm</i>		<i>7:45-8pm</i>		
1st Degree Black	8:15-9pm		8-8:45pm		
2nd Degree Black		7:45-8:45pm			
Leadership				5:15-6pm (sparring)	5:15-6pm (explorations) 6:45-7:45pm (sparring)
All Belts	3:30-4pm		4-4:30pm		7:45-8:15pm

** Leadership Training - Mon & Tue: Weapons; Wed & Thu: Life Skills*

EFFECTIVE:
Tuesday, May 26

- BRING EACH CLASS:**
- Uniform and belt
 - Sparring gear
 - All weapons
 - Water bottle

Strength
ISN'T GIVEN;
it's earned
THROUGH
FOCUS
DISCIPLINE
AND HEART.

FIND THE CURRENT SCHEDULE AT **MYKARATECLASSES.COM**