

JOHNSTOWN SCHEDULE



	Monday	Tuesday	Wednesday	Thursday	Friday
Little Ripples (ages 3-6)	3:30-4pm 4-4:15pm	5:45-6:15pm 6:15-6:30pm	3:45-4:15pm 4:15-4:30pm	5:30-6pm 6-6:15pm	4-4:30pm
White	4-4:15pm	4:45-5pm	4:15-4:30pm	6-6:15pm	6-6:45pm
Gold	4:15-5pm	5-5:45pm	4:30-5:15pm	6:15-7pm	
High Gold, Orange & High Orange	5-5:45pm 5:45-6pm	6:15-6:30pm 6:30-7:15pm	7:45-8:30pm 8:30-8:45pm		4:30-5:15pm
Green-Purple	5:45-6pm	4-4:45pm 4:45-5pm	6:45-7pm 7-7:45pm	4:30-4:45pm	
Blue-High Blue	6-6:45pm			4:45-5:30pm	
Red-Low Brown	6:45-7:30pm	7:15-8pm	6-6:45pm	7-7:45pm	
Brown-High Brown	7:30-7:45pm	8-8:15pm	6:45-7pm	7:45-8pm	
Conditional Black		8-8:15pm		7:45-8pm	
1st Degree Black		8:15-9pm		8-8:45pm	
2nd Degree Black	7:45-8:45pm				
Leadership			5:15-6pm (sparring)		5:15-6pm (explorations) 6:45-7:45pm (sparring)
All Belts		3:30-4pm		4-4:30pm	7:45-8:15pm

* Leadership Training - Mon & Tue: Weapons; Wed & Thu: Life Skills

EFFECTIVE:
Tuesday, May 26

- BRING EACH CLASS:**
- Uniform and belt
 - Sparring gear
 - All weapons
 - Water bottle

Strength
ISN'T GIVEN;
it's earned
THROUGH
FOCUS
DISCIPLINE
AND HEART.

FIND THE CURRENT SCHEDULE AT **MYKARATECLASSES.COM**