

FLEMING ISLAND SCHEDULE



	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Little Ripples (ages 3-6)	3:30-4pm 4-4:15pm (leader weapon)	5:30-6pm 6-6:15pm (leader weapon)	6:15-6:45pm	3:30-4pm	4-4:30pm	10:30-11am
White	4:15-5pm 5-5:15pm (leader weapon)	6:15-7pm 7-7:15pm (leader weapon)	7:30-8:15pm	4-4:45pm	4:30-5:15pm	9:45-10:30am
Level 1 <i>(White/Orange, Orange, Orange/Green)</i>	6:15-7pm 6-6:15pm (leader weapon)	3:30-4:15pm 4:15-4:30pm (leader weapon)	4-4:45pm	7-7:45pm		11-11:45am
Level 2 <i>(Green, Green/Brown, Brown)</i>	5:15-6pm 6-6:15pm (leader weapon)	4:30-5:15pm 5:15-5:30pm (leader weapon)	6:45-7:30pm	6:15-7pm		
Level 3 <i>(Brown/Red, Red, Red/Blue)</i>		7:15-8pm 8-8:15pm (leader weapon)	5:30-6:15pm			11:45am-12:30pm
Level 4 <i>(Blue, Blue/Black, Cond. Black)</i>	7-7:45pm 7:45-8pm (leader weapon)			4:45-5:30pm		
Black	8-9pm			7:45-8:45pm		
Sparring (Masters & Leadership)			4:45-5:30pm	5:30-6:15pm		
Masters					5:45-7:45pm	
Lead Talk					5:15-5:45pm	
Leadership (Seminars & Fun)					5:45-7:45pm	

EFFECTIVE:
Monday, February 9

Masters' Weapons

For the current schedule visit
MyKarateClasses.com

FOCUS
ISN'T JUST
A SKILL:
it's your,
SHARPEST WEAPON.
TRAIN IT.
Trust it.
UNLEASH IT.

GET TWO FREE KARATE CLASSES AT MYFREEKARATE.COM