

# PERSEVERANCE

This month's Gold Meeting will focus on the power of perseverance — pushing past frustration, staying committed to goals, and developing the mindset that separates good from great. Students will learn how resilience on the mat translates into strength in school, at home, and in life. Because black belts aren't made by talent alone... they're made by the decision to never give up. 🌟

**PERSEVERANCE G.O.L.D meeting is Friday March 6**  
**5:45pm Fleming Island & 6:15pm Middleburg**

## This month's weapons:

### Kali sticks for master's blackbelt training

Speed. Precision. Control.

Join us for a dynamic Escrima Sticks Seminar where students will be introduced to the fundamentals of Filipino weapon training. This seminar will focus on coordination, timing, striking patterns, and partner drills — all while building awareness and confidence.

**Friday March 27**

**Fleming 5:45pm & Middleburg 6:15pm**

### Tonfa for leadership blackbelt training

Join us for an exciting Tonfa Seminar where students will learn the fundamentals of this dynamic traditional weapon. This training will focus on proper grips, striking techniques, blocking, and fluid transitions that build coordination, strength, and precision.

**Friday March 27**

**Fleming 6:45pm & Middleburg 7:15pm**

## Dojo Dash

**Saturday March 28 4-8pm** is delivery day! Support dojo dash and our upcoming blackbelt testers and order yummy lasagna. **Order forms are due by Saturday March 14** by emailing [parentsclubmma@gmail.com](mailto:parentsclubmma@gmail.com) or dropping it off at the front counter!

## LITTLE RIPPLES TESTING

We're so proud of our Little Ripples as they prepare for their upcoming belt tests! We cannot wait to celebrate their success and growth!

**Pretesting starts March 2**

**Belt Testing:**

**Middleburg: Friday March 13 3:30 or 6:15pm**

**Fleming: Saturday March 14 9:15am**

## Demo Team Tryouts

Open to all blackbelt training students! Show off your stances, forms, weapons and your best technique. Try your hardest and be confident! Sign up at the front counter!

**Tryouts are Saturday March 14 at 11am in Middleburg**

**Any questions, ask Ms. Walton!**

## Ninja Fest! 10am-2pm

**Saturday March 7 at Fleming Island Village Square Shopping Center**

Come celebrate with us! Demos, Bounce Houses, Games, prizes and special offers!

**FREE and Open to the public!!**

**No Classes at both locations!**

## Camp Ripple Spring Break Camp

For Spring Break week, our Camp Ripple will be open for an

**ALL Day camp Monday, 3/16 - 3/20 AND 3/23**

**8:00am-6:30pm.**

All day fun complete with snacks, a karate class and more!

Contact us at 904-291-1335 or see us at the front counter!

## Report Card Week! Friday March 27 - April 3

**Bring in a copy of your report card from the most recent quarter to earn a Gold or Silver star in class!**

**THEME OF THE MONTH: Perseverance**  
**MASTERS SEMINAR WEAPON: Kali sticks**  
**LEADERS SEMINAR WEAPON: Tonfa**



UPCOMING  
EVENTS

# & IMPORTANT DATES

## FLEMING ISLAND

- Mar. 2** Pretesting starts for Little Ripples
- Mar. 6** 5:15 PM Lead Talk  
5:45 PM G.O.L.D meeting on Perseverance
- Mar. 7** 10 AM - 2 PM Ninja Fest at Ripple Effect Martial Arts  
Fleming Island: No classes in both locations
- Mar. 11** Little Ripple Testing Paperwork Due
- Mar. 14** 9:15 AM Little Ripple Belt Testing  
11 AM Demo Team Tryouts at Middleburg  
12:30 PM Jr. Instructor Training Meeting  
1 PM SWAT Training Meeting
- Mar. 16 - 20 & 23**  
Camp Ripple Spring Break Camp in Middleburg  
8am-6:30pm
- Mar. 17** St. Patrick's Day Classes - Wear Green!
- Mar. 20** 5:15 PM Lead Talk
- Mar. 27** 5:15 PM Lead Talk  
5:45 PM Leaders seminar: Kali Sticks  
6:45 PM Leaders seminar: Tonfa
- Mar. 28** 4-7 PM Dojo Dash Spring 2026
- April 3** 5:15 PM Lead Talk  
5:45 PM G.O.L.D meeting on Flexibility  
6:45 PM Open Mats
- April 4**  
10AM-11:30AM Easter Egg Hunt - No Classes
- March 27 - April 3**  
Report Card Week!

## MIDDLEBURG

- Mar. 2** Pretesting starts for Little Ripples
- Mar. 6** 5:45 PM Lead Talk  
6:15 PM G.O.L.D meeting on Perseverance
- Mar. 7** 10 AM - 2 PM Ninja Fest at Ripple Effect Martial Arts  
Fleming Island: No classes in both locations
- Mar. 11** Little Ripple Testing Paperwork Due
- Mar. 13** 3:30PM or 6:15 PM Little Ripple Testing
- Mar. 14** 11 AM Demo Team Tryouts at Middleburg  
1:30 PM Jr. Instructor Training  
2 PM SWAT Training
- Mar. 16 - 20 & 23**  
Camp Ripple Spring Break Camp 8am-6:30pm
- Mar. 17** St. Patrick's Day Classes - Wear Green!
- Mar. 20** 5:45 PM Lead Talk
- Mar. 27** 5:15 PM Lead Talk  
6:15 PM Master's seminar: Kali Sticks  
7:15 PM Leaders seminar: Tonfa
- Mar. 28** 4-7 PM Dojo Dash Spring 2026
- April 3** 5:45 PM Lead Talk  
6:15 PM G.O.L.D meeting on Flexibility
- April 4** 10AM-11:30AM Easter Egg Hunt - No Classes
- March 27- April 3**  
Report Card Week!

