

MIDDLEBURG SCHEDULE

ZOOM CODE: 904-895-4555 PASSWORD: REMAKARATE



	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Little Ripples (ages 3-6)	3:30-4pm *4-4:15pm 6:15-6:45pm *6:45-7pm	3:30-4pm *4-4:15pm	3:30-4pm *4-4:15pm 6:30-7pm	3:30-4pm *4-4:15pm 6:30-7pm	3:30-4pm	9:45-10:15am
White	4:15-5pm *5-5:15pm 6:15-7pm *7-7:15pm	4:15-5pm *5-5:15pm	4:15-5pm 6:30-7:15pm	4:15-5pm 5:45-6:30pm	4:15-5pm	10:15-11am
Level 1 (White/Orange, Orange, Orange/Green)	4:15-5pm *5-5:15pm	4:15-5pm *5-5:15pm 6:15-7pm *7-7:15pm	4:15-5pm	4:15-5pm 5:45-6:30pm	4:15-5pm	10:15-11am
Level 2 (Green, Green/Brown, Brown)	5:15-6pm *6-6:15pm	6:15-7pm *7-7:15pm	5:45-6:30pm	5-5:45pm	5-5:45pm	
Level 3 (Brown/Red, Red, Red/Blue)	7:15-8pm *8-8:15pm	5:15-6pm *6-6:15pm		5-5:45pm	5-5:45pm	
Level 4 (Blue, Blue/Black, Cond. Black)		5:15-6pm *6-6:15pm	7:15-8pm			8-9:45am
Black		7:15-8:45pm		7:15-8:45pm		
Adults (13+)		7:15-8pm		7:15-8pm		
Sparring (Masters & Leadership)			5-5:45pm	6:30-7:15pm		
Masters					6:15-7:15pm	
Leadership (Seminars & Fun)					5:45-6:15pm (lead talk) 6:15-7:15pm	11-11:45am

EFFECTIVE:
Monday, November 3

 **Mat 1**  **Mat 2**

*** Black Belt Training**

For the current
schedule visit
MyKarateClasses.com

FOCUS
ISN'T JUST
A SKILL:
it's your,
SHARPEST WEAPON.
TRAIN IT.
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UNLEASH IT.

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