

LONGMONT SCHEDULE



	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Little Ripples (ages 3-6)	5:45-6:15pm	3:45-4:15pm	4-4:30pm	4:15-4:45pm	4:30-5pm	10:15-10:45am
White		4:15-5pm	6:30-7:15pm	4:45-5:30pm	5-5:45pm	9:30-10:15am
Gold-H. Gold	4:15-5pm		5:45-6:30pm	5:30-6:15pm		
Orange-H. Orange	5-5:45pm	5-5:45pm			7-7:45pm	
Green-Purple	6:45-7:30pm	5:45-6:30pm	7:15-8pm		6:15-7pm	
Blue-H. Blue	6:45-7:30pm	5:45-6:30pm	7:15-8pm		6:15-7pm	
Red-L. Brown		6:30-7:15pm	5-5:45pm	7-7:45pm		8:30-9:30am (adv. exploration)
Brown-H. Brown		6:30-7:15pm	5-5:45pm	7-7:45pm		8:30-9:30am (adv. exploration)
Conditional Black		8-8:45pm				8:30-9:30am (adv. exploration)
Black	7:30-8:15pm (1st degree and black-red+)	8-8:45pm		7:45-8:30pm (2nd degree)		8:30-9:30am (adv. exploration)
Leadership	6:15-6:45pm (weapons)	7:15-8pm (sparring)	4:30-5pm (LEAD talk)	6:15-7pm (sparring)	5:45-6:15pm (weapons/ open mat)	10:45-11:45am (leadership KICKstart)

EFFECTIVE:
Monday, November 17

 **Pad Day** (bring sparring gear)

For the current
schedule visit
MyKarateClasses.com

FOCUS
ISN'T JUST
A SKILL:
it's your,
SHARPEST WEAPON.
TRAIN IT.
Trust it.
UNLEASH IT.

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