MIDDLEBURG SCHEDULE

ZOOM CODE: 904-895-4555 PASSWORD: REMAKARATE

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Little Ripples (ages 3–6)	3:30–4pm *4–4:15pm 6:15–6:45pm *6:45–7pm	3:30–4pm *4–4:15pm	3:30-4pm *4-4:15pm 6:15-6:45pm	3:30–4pm * <i>4–4:15pm</i> 6:15–6:45pm	4:30–5pm	9:45–10:15am
White	4:15–5pm *5–5:15pm 6:15–7pm *7–7:15pm	4:15–5pm * <i>5–5:15pm</i>	4:15–5pm 6:30–7:15pm	4:15–5pm	5–5:45pm	10:15–11am
Level 1 (White/Orange, Orange, Orange/Green)	4:15–5pm *5–5:15pm	4:15–5pm *5–5:15pm 6:15–7pm *7–7:15pm	4:15–5pm	4:15–5pm 5:45–6:30pm		10:15–11am
Level 2 (Green, Green/Brown, Brown)	5:15–6pm *6–6:15pm	6:15–7pm *7–7:15pm	5:45-6:30pm		5-5:45pm	
Level 3 (Brown/Red, Red, Red/Blue)	7:15–8pm *8–8:15pm	5:15–6pm *6–6:15pm		5–5:45pm		
Level 4 (Blue, Blue/Black, Cond. Black)		5:15–6pm *6–6:15pm	7:15–8pm			8–9:45am
Black		*7-7:15pm 7:15-8:45pm		7:15-8:45pm		
Adults (13+)		*7-7:15pm 7:15-8pm		7:15–8pm		
Sparring (Masters & Leadership)			5–5:45pm	6:30-7:15pm		
Masters					6:15-7:15pm	
Leadership (Seminars & Fun)					5:45–6:15pm (lead talk) 6:15–7:15pm	11:45am- 12:30pm



EFFECTIVE: Friday, August 8





Mat 2

* Black Belt Training

For the current schedule visit

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