



## CONGRATS TO OUR WTSDA NATIONAL TOURNAMENT COMPETITORS!

Jeff Bosworth	Stella Ellis	Steven Tyler Grant Jr.	Logan Flanigan	Lily Flanigan
Kaylee Bosworth	Kandee McDowell	William Rogers	Micheal Hale	Lilyana Hale
Nolan Bosworth	James McDowell	Austin Evans	Patrick Irvine	Michael McRae
Elizabeth Carstens	Noah Olson	Caleb White	Paul Pilliod	Rylynn Newberry
Rachel Murphy	Ryan Olson	Destiny Newberry	Rondell Groves	Shannon Flanigan
Charlotte Wagner	Katelyn Sterka	Rhianna Cole	Andrey Monteiro	Taylor Hall
Lily Bosworth	Benjamin Stein	Lionel Lariviere	Ashlyn Mann	Teagan Luten
Christie Olson	Brayden Gaughan	Nicole Pilliod	Benjamin Mejias	Terry Purser
Lucas Wasson	Abigail Sorel	Azalea Green	Blake Williams	Anne Patrick
Heather Carstens	Aubrey Mathison	Charles Branc	Chirstina Llamozas	Adrian Llamozas Jr.
Piper Sterka	Ava Reuter	Gage Donovan	Eleanor Rothman	Scott Mota
Tyler Collins	Bryce Martin	Miabella Llamozas	Eli Fowler	William Gonzalez
Hallie Harold	Dylan TenHagen	Marlee Luten	Elijah Purser	Amelie Llamozas
Kovax Harold	Ethan Wilson	Amber Rothman	Isaac Rothman	Emma Gonzalez
Daniel Phelps	Gabriel Rogers	Chloe Rothman	Isabella Castro-	Pierce Castro-
Laura Phelps	Hailey Huggins	Crystal Sick	Lariviere	Lariviere
Lily Sterka	Jocelle Eureste	Franchesca Williams	Isabella Ricci	Hailee Gonzalez
Nicole Sterka	Justus Purks	Jonathan Williams	Jane Hartsell	Jeremy Fowler
Gabrielle Balmeo	Luca Mullaney	Kenneth Duenas	Jeremiah Pearson	Wesley Lambert
Lyla Bolen	Stella Johnson	Lillian Delong	Jordan Smith	Presley Foreman

## FOCUS WORKSHOP

Level up your focus on the mat, at school, or even at work. Join us for our Focus Workshop on **Friday, August 22 at 6:15 PM** (both schools) where we'll dive into fun, practical strategies to sharpen your attention and block out distractions. Don't miss this chance to train your brain like a Black Belt.

## DOJO DASH

Delicious food delivered to your doorstep for a good cause? Yes please! Dojo Dash is a fundraiser organized by our awesome Parents Club. Every order helps cover testing fees and other costs for our Black Belt candidates. This time it's taco night!

**Sept. 26** – Deadline for orders  
**Oct. 11** – Deliveries begin at 4:00 PM

## CLOSED LABOR DAY WEEKEND

Both studios are closed **August 30 & September 1**. Enjoy the holiday weekend!

## STAY COOL 🕶️

Wear your Ripple t-shirts for the rest of August. We'll return to full uniforms **September 2**.

**THEME OF THE MONTH: FOCUS**  
**LEADERS SEMINAR WEAPON: KAMA**  
**MASTERS SEMINAR WEAPON: STAFF**



## CAMP RIPPLE OPEN HOUSE

Come see what Camp Ripple is all about at our Open House on **Saturday, August 9th, from 12:30-1:30 PM!** Tour the studio, meet our awesome instructors, and learn how our after-school program blends homework help, martial arts, fitness, and character building—plus safe pickup from local schools.

## BACK TO SCHOOL NINJA NIGHT

Kick off the school year with a high-energy night of ninja fun **Friday, September 5, from 6-9 PM!** Join us on the mats for games, activities, and board breaking. No parents allowed! It's the perfect way to celebrate a fresh start to the school year. Registration link coming soon!

## SAVE THE DATE

-  **Sept. 20:**  
**Middleburg Anniversary & Board Breaking Ceremony**
-  **Sept. 26-27:**  
**Goldhead Clinic & Camp Out**

# NEWSLETTER

# AUGUST

UPCOMING  
EVENTS

# & IMPORTANT DATES

## FLEMING ISLAND

**Aug 1-2** CLOSED for National Tournament

**Aug 9** 1:30 PM – Prep Cycle Workout @ Middleburg

**Aug 15** 5:45 PM – Lead Talk  
6:15 PM – Masters: staff  
7:15 PM – Leaders: kama

**Aug 16** 11:00 AM – Prep Cycle Workout @ Middleburg  
11:45 AM – Jr. Instructors Training  
12:15 PM – SWAT Training

**Aug 22** 5:45 PM – Lead Talk  
6:15 PM – Focus Workshop

**Aug 23** 11:00 AM – Prep Cycle Workout @ Middleburg  
11:45 AM – Contact Sparring

**Aug 29** 5:45 PM – Lead Talk  
6:15 PM – Rolls, Falls & Breaking

**Aug 30-Sept 1** CLOSED

**Sept 2** Return to Full Uniforms

**Sept 5** 6:00-9:00 PM – Back 2 School Ninja Night

## MIDDLEBURG

**Aug 1-2** CLOSED for National Tournament

**Aug 9** 12:30 PM – Camp Ripple Open House  
1:30 PM – Prep Cycle Workout

**Aug 15** 5:45 PM – Lead Talk  
6:15 PM – Masters: staff  
7:15 PM – Leaders: kama

**Aug 16** 11:00 AM – Prep Cycle Workout  
11:45 AM – Jr. Instructors Training  
12:15 PM – SWAT Training

**Aug 22** 5:45 PM – Lead Talk  
6:15 PM – Focus Workshop

**Aug 23** 11:00 AM – Prep Cycle Workout  
11:45 AM – Contact Sparring

**Aug 29** 5:45 PM – Lead Talk  
6:15 PM – Rolls, Falls & Breaking

**Aug 30-Sept 1** CLOSED

**Sept 2** Return to Full Uniforms

**Sept 5** 6:00-9:00 PM – Back 2 School Ninja Night



Congrats to Master Jan Lappin on her promotion to 6<sup>th</sup> Degree, and to Master Michelle Lappin on her promotion to Master's Belt! We are so proud of you!

