

# JOHNSTOWN SCHEDULE



	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Little Ripples (ages 3-6)	5-5:30pm 5:30-5:45pm (leadership)		6-6:30pm	5-5:30pm 5:30-5:45pm (leadership)	5:45-6:15pm	10:15-10:45am
White	5:45-6:30pm		4:30-5:15pm	6:30-7:15pm	5-5:45pm	9:30-10:15am
Gold-H. Gold	4:15-5pm	6:15-7pm		4:15-5pm		10:45-11:30am
Orange-H. Orange		5:30-6:15pm	5:15-6pm	5:45-6:30pm		
Green-Purple	7:45-8:30pm	4:45-5:30pm			6:15-7pm	12:15-1pm
Blue-H. Blue	7:45-8:30pm	4:45-5:30pm			6:15-7pm	12:15-1pm
Red-L. Brown		4-4:45pm	6:30-7:15pm	7:45-8:30pm	4:15-5pm	
Brown-H. Brown		4-4:45pm	6:30-7:15pm	7:45-8:30pm	4:15-5pm	
Conditional Black	6:30-7:15pm	7:45-8:30pm				8:45-9:30am
Black	6:30-7:15pm	7:45-8:30pm	7:15-8pm (2nd degree)		7:45-8:45pm (rotating)	8-8:45am 8:45-9:30am
Leadership	7:15-7:45pm (weapons)	7-7:45pm (sparring)	4-4:30pm (weapons)	7:15-7:45pm (LEAD talk)	7-7:45pm (sparring)	11:30am-12:15pm (fun)
Adults (13+)						8-8:45am

**EFFECTIVE:**  
**Monday, February 10**

**Pad Day** (bring sparring gear)

For the current schedule visit  
**MyKarateClasses.com**

EVERY  
**SETBACK**  
IS A SETUP FOR A  
**comeback...**  
**KEEP STRIVING,**  
**KEEP GROWING,**  
AND EMBRACE  
**THE JOURNEY!**

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