

Yellow)

## INTENT TO **PROMOTE**

## CHECK LIST OF REQUIREMENTS TO TEST FOR YOUR NEXT BELT RANK

These requirements are for a standard two month testing cycle. Some ranks have a slightly different set of requirements. Refer to your student binder to review all requirements for your belt rank.



Memorize and complete Word of the Belt Word of the Month stripes (2 Blue)

Attitude stripes (5 Red)

Curriculum stripes (3 Black
Intent to Promote stripe (1
Testing stripe (1 White)

## TO MY PARENTS AND TEACHERS,

I am SUPER EXCITED about earning my next belt rank at the upcoming belt promotion at Ripple Effect Martial Arts.

I want to thank YOU for your guidance, wisdom and support in my progress toward Black Belt. I wouldn't be here without your help.

To earn my new belt, my instructors need you to confirm, as my parents and teachers, that I am behaving to Black Belt standards of modesty, courtesy, integrity, perseverance, self-control and indomitable spirit at home and at school.

Please review the questions below and check the boxes that you feel best describes my behavior.

## FOR MY TEACHER(S): Would it be possible to bring one Do you agree that over the past two months I've been respectful in class, kind of my Black Belt instructors to and courteous to my classmates, and working to learn and earn good grades? school for one of these programs? Agree Disagree Please check if you are interested Read with a Black Belt Comments: 15-Minute Character Talk Gym Teacher for a Day Teacher Name: School: Email: \_\_\_\_\_ Phone: \_\_\_\_\_ After-School Martial Arts Enrichment Program Signature: FOR MY PARENT(S): What positive changes has Ripple Effect had on your student/family? Do you agree that over the past two months I've been respectful and helpful at home and with my family? Agree Disagree Comments: Signature: