

MIDDLEBURG SCHEDULE

NEW ZOOM CODE: 904-895-4555 PASSWORD: REMAKARATE



	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Little Ripples (ages 3–6)	3:30–4pm *4–4:15pm 6:15–6:45pm *6:45–7pm	3:30–4pm *4–4:15pm	3:30–4pm *4–4:15pm 6:15–6:45pm	3:30–4pm *4–4:15pm 6:15–6:45pm	4:30–5pm	9:45–10:15am
White	6:15–7pm *7–7:15pm	4:15–5pm *5–5:15pm	6:30–7:15pm 5–5:45pm (leader sparring)	4:15–5pm 6:30–7:15pm (leader sparring)	5–5:45pm	10:15–11am
Level 1 (White/Orange, Orange, Orange/Green)	4:15–5pm *5–5:15pm	4:15–5pm *5–5:15pm 6:15–7pm *7–7:15pm	4:15–5pm 5–5:45pm (leader sparring)	4:15–5pm 5:45–6:30pm 6:30–7:15pm (leader sparring)		10:15–11am
Level 2 (Green, Green/Brown, Brown)	5:15–6pm *6–6:15pm	6:15–7pm *7–7:15pm	5:45–6:30pm 5–5:45pm (leader sparring)	6:30–7:15pm (leader sparring)	5–5:45pm	
Level 3 (Brown/Red, Red, Red/Blue)	7:15–8pm *8–8:15pm	5:15–6pm *6–6:15pm		5–5:45pm 6:30–7:15pm (leader sparring)		
Level 4 (Blue, Blue/Black, Cond. Black)		5:15–6pm *6–6:15pm	7:15–8pm 5–5:45pm (leader sparring)	6:30–7:15pm (leader sparring)		8–9:45am
Black		7:15–8:45pm *7–7:15pm		7:15–8:45pm 6:30–7:15pm (leader sparring)		
Adults (13+)		7:15–8pm *7–7:15pm		7:15–8pm 6:30–7:15pm (leader sparring)		
Sparring (Masters & Leadership)			5–5:45pm	6:30–7:15pm		
Masters					6:15–7:15pm	
Lead Talk					5:45–6:15pm	
Leadership (Seminars & Fun)					6:15–7:15pm	11:45am– 12:30pm

* Black Belt Training

EFFECTIVE:
Monday, February 10

Mat 1 Mat 2

For the current
schedule visit
MyKarateClasses.com

EVERY
SETBACK
IS A SETUP FOR A
comeback...
KEEP STRIVING,
KEEP GROWING,
AND EMBRACE
THE JOURNEY!

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