

FLEMING ISLAND SCHEDULE



	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Little Ripples (ages 3-6)	3:30-4pm 4-4:15pm (leader weapon)	3:30-4pm 4-4:15pm (leader weapon)	5:45-6:15pm	6:15-6:45pm	4:30-5pm	10:30-11am
White	6:15-7pm 6-6:15pm (leader weapon)	7:15-8pm 8-8:15pm (leader weapon)	5-5:45pm	4:45-5:30pm	5-5:45pm	9:45-10:30am
Level 1 (White/Orange, Orange, Orange/Green)	5:15-6pm 6-6:15pm (leader weapon)	6:15-7pm 7-7:15pm (leader weapon)	4:15-5pm	4-4:45pm		11-11:45am
Level 2 (Green, Green/Brown, Brown)	4:15-5pm 5-5:15pm (leader weapon)	5:15-6pm 6-6:15pm (leader weapon)	7-7:45pm	6:45-7:30pm		
Level 3 (Brown/Red, Red, Red/Blue)	7-7:45pm 7:45-8pm (leader weapon)	4:15-5pm 5-5:15pm (leader weapon)				12:30-1:15pm
Level 4 (Blue, Blue/Black, Cond. Black)				7:30-8:15pm		
Black	8-9pm					
Sparring (Masters & Leadership)			6:15-7pm	5:30-6:15pm		
Masters					6:15-7:15pm	
Lead Talk					5:45-6:30pm	
Leadership (Seminars & Fun)					6:15-7:15pm	11:45am- 12:30pm

EFFECTIVE:
Monday, February 10

 **Masters' Weapons**

For the current
schedule visit
MyKarateClasses.com

EVERY
SETBACK
IS A SETUP FOR A
comeback...
KEEP STRIVING,
KEEP GROWING,
*AND EMBRACE
THE JOURNEY!*

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