

Name: _____ Date: _____

Humility

Look up the word "Humility." Write down your own definition of this word:

Sometimes the best way to understand a word is by learning where it comes from. Humility comes from Latin "Humilis" - Humble, grounded from the earth.

What does it mean to be "humble?" _____

As humans we often get prideful or stuck up. Yes, we have strengths and we should acknowledge them. However, everyone has a weakness too. Humility is about staying honest with ourselves and seeing we always have room to grow.

What is an area you need to grow in? _____

Who do you know that is good at this? _____

Leaders are humble enough to acknowledge the strengths in others and ask for help. How can you reach out to ask this person to help you grow?

Leaders also know they need to be outward focused to stay humble.
Challenge yourself to do an act of kindness for someone else everyday!

FAMILY DISCUSSION

Follow the QR code below. As a family watch and listen to the audio book *Humble Pie*. Take a minute to discuss and write down three takeaways.



