

Name: \_\_\_\_\_

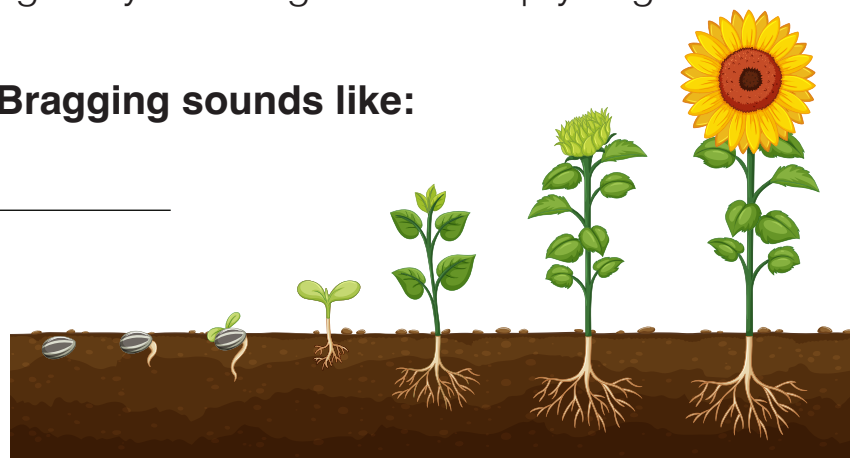
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# Humility

Humility is about being modest, respectful and putting others before yourself. It is not calling attention to yourself or being rude. It is about gratitude. Being humble gives you strong roots to help you grow!

**Bragging keeps us from growing. Bragging sounds like:**

I am the best \_\_\_\_\_



**Humility keeps us “grounded.”  
Showing humility sounds like:**

I am good at \_\_\_\_\_ and I am working on \_\_\_\_\_

My friend, \_\_\_\_\_, is good at \_\_\_\_\_

## FAMILY DISCUSSION

Follow the QR code below. As a family watch and listen to the audio book *Humble Pie*. Take a minute to discuss and write down three takeaways.



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