

Name: _____

Date: _____

PERSEVERANCE

In your own words, what is PERSEVERANCE?

This word is so important. We say it every class at bow out! Why? Because it is a principle or tenet that is universally considered good and true!

Look at your definition. Think of 3 words that mean the same thing (synonyms) and write them down.

What is a goal that you are persevering through right now?

What words can you say to build yourself up while you work on this goal?

What strategies can you use when you are faced with challenges?



FAMILY DISCUSSION

Think of a goal you have as a family. List 3 challenges you may face while working on this goal.

As a family, brainstorm 3 strategies to help you overcome these challenges and persevere!