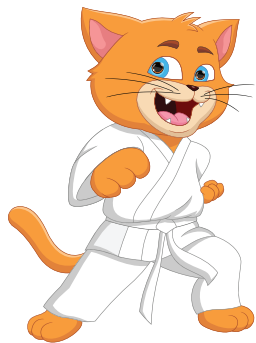


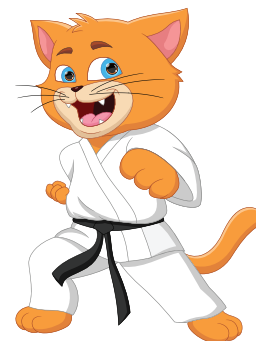
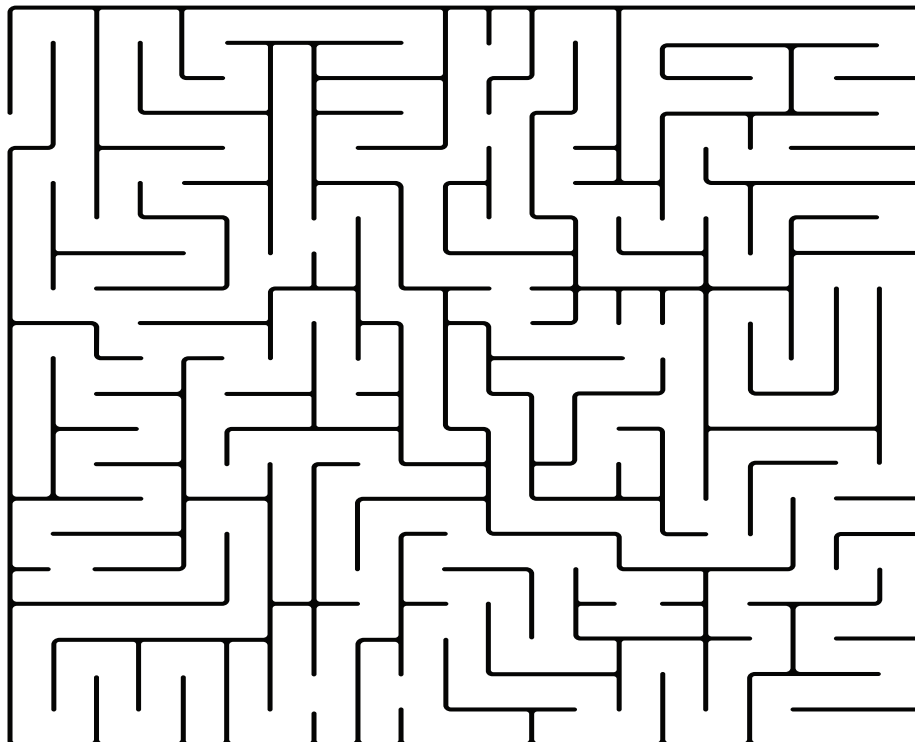
Name: \_\_\_\_\_ Date: \_\_\_\_\_

# PERSEVERANCE

Help Kitty the Ninja get to his Black Belt.



**PERSEVERE**



**FINISH STRONG!**

Having perseverance means to keep trying even when its hard.

What is a goal you are persevering through right now?

What can you say to yourself when you are feeling frustrated as you work toward this goal?

## FAMILY DISCUSSION

Think of a goal you have as a family. List 3 challenges you may face while working on this goal.

As a family, brainstorm 3 strategies to help you overcome these challenges and persevere!