

# RIPPLE EFFECT MARTIAL ARTS BUILDS LEADERS...

## HEAR ABOUT HOW:

E

**Mercedes Hernandez**

11 reviews



My daughter has been training at Ripple Effect for the past 4 years. Ripple Effect has become an extension of our family. We've watched her grow immensely and learn life skills while being part of a team and reaching a goal.

The staff is invested in the growth of the student.

Our daughter loves her instructors and the school overall.

The road to black belt isn't an easy one but at Ripple Effect Martial Arts the students are shown to persevere, focus and never give up.



E

**Emily Mendias**

4 reviews



Ripple Effect is a truly incredible place. It teaches more than just punching, kicking, and self defense. It provides an environment that truly nurtures individuals to build self confidence, compassion, mental and physical strength and teaches its students how to truly be the best versions of themselves, both in and outside the dojo. Joining Ripple Effect has had an incredibly profound impact on our entire family.



J

**Jennifer Lejeune Cooper**



They are amazing and have the best staff around. I love how my daughter is enjoying herself and is focusing better in school and at home.



K

**Katharine Schnare**



We love this place. My son and I both attend classes here. It's definitely a family friendly environment. My son started first, and I joined him a few months later. The instructors are patient with the students of all ages and abilities. They always mix the instruction with games to keep the kids interested and teach valuable life lessons along the way. I highly recommend this program for kids and adults. Mrs. Becky is awesome. Super patient with the kids and always finds ways to keep them motivated.



A

**Aimee Furlong**

2 reviews



We absolutely LOVE Ripple Effect and their staff!!! We brought our son in to try it out to see if he even liked it and he truly loves it! He needed some help with self control and self discipline in school. He has made such an improvement in just the 5 months we've been going to Ripple Effect. It's helping him in school and he doesn't even realize how much going and having fun at martial arts helps in all aspects of his life. The staff is amazing and so welcoming. They are all super friendly and helpful with anything we need.



C

**Carla Kelley**

6 reviews



Ripple Effect Martial Arts has been so wonderful for our son. As a parent I love the values they are teaching my son. The idea of having integrity and self control (among others) extend to the home and school classroom. It's wonderful!! The classes are fun and challenging, he's made friends and has become a more confident person. The instructors and staff are amazing! I am so glad we found Ripple Effect Martial Arts.



K

**Jaclyn Perez**

1 review



Our son just received his brown belt. The experience at Ripple Effect has provided him with discipline, focus and respect. They hold him accountable for his actions and push him to grow. It always amazes me that the staff and instructors always knows the kids and parents names.



C

**Chaz Starr**



We love the studio and it has been a great experience for our family and has been helping our son grow and succeed with his goals this is a great place to learn respect and to be in a positive environment.



**Marshall Walton**

1 review



I have been training here for 11 years now. I have found a second home and family within the studio. They take care of their students and they teach the life skills needed to progress forward throughout their lives. Instructors such as Ms. Maya Walton have had such an impact on my life and I thank her so much for it. She makes sure you leave class with a smile and learned something new.

**Ashley Kirchaine**

Everyone is so kind and so nice, they really try to help your child be the best they can be, my 8 year old loves all the friends she's made, and fun memories she's creating, they teach such valuable life skills!

**Heather Spencer**

This school teaches so much more than just martial arts- good health habits, kindness and forgiveness, respect, scholarship and all with positive praise.

**Tracey O'Donohue**

1 review



We have loved being a part of the Ripple Effect community. My kids have learned self defense, respect and built their self confidence all while having fun. I recommend Ripple Effect to anyone.

**Claire Koch**

2 reviews



Our son (7) started at Ripple Effect about 18 months ago, and the rest of our family (4, 35, 37) got on board about 8 months ago. We absolutely love this school and can't say enough good things about the instructors!

We have seen huge impacts in our kids' behaviors, especially our son whose confidence and tolerance for adversity has grown exponentially over the last year and 1/2. For myself, as an adult who did not do martial arts growing up, I am really enjoying learning a new set of skills - and occasionally getting to punch my husband during sparring practice.

**Michael Vermillion**

My daughter has been taking classes for over a year. I have seen her confidence improve, as well as strength, balance and flexibility. She loves Ms. Becky and looks forward to going to class, 4-7 times we week.

**Kakali Chakraborty**

6 reviews



Ripple Effect Martial Arts is hands down the BEST martial arts institution. How can I say that? How do I know what's the best out there? I don't, and I don't need to. All I need to know is what my child is capable of and his/her potential. After seeing my son go through the entire curriculum and his Black Belt testing with Ripple Effect I can confidently say that it's the best possible achievement of my 10 year old's life so far. I, as a mother, got to see my son metamorphose from a clumsy, tall, and husky 7 year old silly kid to a strong, confident, responsible leader of a young man. His growth has been multi faceted and I am the happiest to be able to look up to him in more than one way. I couldn't have been any prouder for him for the evolved, good human being he has become. I thank Ripple Effect wholeheartedly. I am forever grateful to your excellence and dedication towards our children and our community!

**Rachel Perini**

1 review



We've been part of the REMA Longmont family since 2018. My son started as a white belt at 4 yrs old. He recently advanced to high brown belt after an intense weekend of testing. I, honestly, didn't expect we'd make it this far. My son has made me so proud with his perseverance and the instructors at our school have provided just the right kind of support and inspiration. We love the family we've made here!

**Adrienne Hargett Beam**

Love taking my 6 yr old grandson. The staff is the absolute best. Wonderful with children. He has improved so much in manners and his self esteem is so much higher. Love, love, love!

**Ryan Shaw**

1 review



If your looking for a fantastic place to learn, grow as a person and to become the best you that you can be then Ripple Effect is for you. Me and my girls started a year ago in the beginning of 2022. In that time me and my girls, who I may add had a very weak relationship before martial arts have gotten closer than we ever have been. Not only have we grown physically stronger together but also mentally. Through Ripple Effects training from the amazing instructor team we have learned to better communicate, be better leaders and all around better people. The way they instruct is second to none as they genuinely care about the students success. As a person who has been in martial arts his entire life this means the world to me and I couldn't be happier about being apart of the Ripple Effect family.



**Laura Greene**

3 reviews



Our girls started during COVID. Ripple Effect has helped with their self-esteem, discipline, self-defense, physical fitness, academics and, it is SO MUCH FUN! Seeing our girls progress through the belt curriculum has been nothing less than inspiring.

As parents we thought why not, let's do it too. We also have the unique opportunity to learn something all encompassing from our own children. Both girls are higher belt ranks and we love that! At times, they are our teachers and as a mother I cherish the memories of our martial arts family. It is a way of life and one that is so positive that it makes a difference for every one of us; and, in all areas of our lives.

The Ripple Effect staff is a family and I love what they teach all of us. The instructors are not just teachers of martial arts but they are teachers of how to live life with accountability and excellence. They make a difference!

As a nurse I carry this into my career by challenging myself to be black belt strong while working in one of Northern Colorado's most busy hospitals. My girls do the same in every area of their lives. This includes with their academics, Girl Scouts and gymnastics. My husband says "Ripple Effect has helped him with his physical fitness and that blackbelt is a challenging but attainable goal."

Ripple Effect is how we come together as a family, additionally you gain a blackbelt family with high standards, support and community. Our girls have made wonderful friends. These are friends who support them and are like minded with the blackbelt creed in mind; modesty, courtesy, integrity, perseverance, self control and indomitable spirit. There is nothing like it and it has been remarkable to each of us.



**Stephany Larson Wilson**



Our child had always struggled with school, self confidence, making friends and just being social. After being here for the past year through a pandemic and social distancing I was worried there would be very little growth socially (for everyone), but this was not the case.

This year has opened up the self confidence to the point we had to pull our child off the dance floor to head home because too much fun was being had while doing it alone with no other family around.

Academically there has been a massive change as well. Maturity has something to do with it, but the structure and self monitoring has helped keep the focus high. Usually grades were always D/C range, but we almost saw A/B Honor roll this past grading period (4 points away)! Progression is there and we can't be more pleased.

As far as socially, the phrase we used to hear daily was, "I don't like people". Now I see laughing and carrying on in class and hallways with others.

We love the change we have seen in our child!



**Ryan Norris**

3 reviews



Ripple Effect Johnstown has been an amazing addition to our family. I started my 4-year-olds a few years ago. In that time, they have grown tremendously. The self-discipline, self-respect, confidence, and empowered strength they now hold is inspiring. I, a 35-year-old man, joined shortly after my children did and enjoy every minute of it. Ripple Effect has become a staple in our home, not just the self-defense but the character qualities taught. All of the instructors are knowledgeable, trustworthy, and truly care about the success of their students.



**Brian Walsh**

15 reviews



Such a great experience for our son! Not only is it great physical exercise and training, he is applying the lessons of leadership, focus, and respect across his life. Bravo!



**Kandee McDowell**

4 reviews



Ripple has been fantastic for my son! He has gained so much confidence! He will be testing for black belt in April! Thank you to all the amazing instructors!



**Desiree Maldonado**

3 reviews



Since my daughter started Ripple Effect, I've seen such a tremendous amount of growth. Before she started she was very shy, quite and was unsure if this would be a good fit for her. She is now much more confident, outgoing and loves going to class! It is a great family type environment and everyone from the instructors to the students and parents are always so welcoming and supportive!



**Laura Barton**

1 review



Ripple Effect has helped me tremendously with my personal and work life, classes are extravagantly fun! Even starting as an adult has helped me in many areas of my life.



**Skye Myers**



This has been the best investment we have made for our child. She has grown so much since starting at Ripple Effects Martial Arts. She has better grades, she is more confident, and more respectful. We are so happy to be part of this amazing karate family!



**Katharine Schnare**

★★★★★



It's definitely a family friendly environment. My son started and I joined him a few months later. The instructors are patient with the students of all ages and abilities. They always mix the instruction with games to keep the kids interested and teach valuable life lessons along the way. I highly recommend this program for kids and adults.



**Kyle West**

1 review

★★★★★



Ripple Effect has been amazing for our daughter. She has grown so much and matured so much since starting her training and continues to improve daily! The staff are all amazing and work well with every kid at the many different levels of confidence.



**Alan Wade**

3 reviews

★★★★★



We've been with Ripple Effect Martial Arts for over two years, and our experience has been wonderful. Our older two kids were the first to join, and then when our youngest child (3 at the time) joined, my wife and I did as well.

I like Ripple Effect because they don't just teach tae kwon do, they teach lots of other life-lesson types of things, like how to handle bullies, leadership qualities, how to handle both victory and defeat, and lots of other things that aren't directly related to martial arts. One example is the leadership training. They have classes on leadership, but instead of just leaving it there, they train us in how to really lead other students in a class environment. When the kids are old enough, they will have an opportunity to be an instructor.

Ripple effect has a lot of students, but I feel a sense of family with everyone involved. We've gotten to know the owners, staff, and other students and parents quite well over the time we've been there, and they genuinely care about everyone's success and well-being. I've always seen discipline handled appropriately and effectively.

Obviously, we like it a lot, and plan on staying with Ripple Effect.



**Katie Delgado**

1 review

★★★★★



Ripple Effect has been wonderful for our family. My oldest son, 14, has grown into a wonder young man. He now is a 2nd Degree and a junior instructor. My youngest, 8, has grown up in the dojo and is now low brown belt. They both love the program. I love the expectations outside of the dojo to help create self confidence and integrity necessary for success in life. Every instructor wants to see each student grown.



**Luis Rivera**

1 review • 6 photos

★★★★★



I just wanted to share how Ripple Effect Martial Arts has positively impacted my family. Both of my children have been attending this studio for some time now, and I have noticed a significant improvement in their confidence levels. The instructors at Ripple Effect have instilled values such as integrity, honesty, and hard work in my kids, and they have also encouraged them to try new things. Thanks to this dojo, my children are more confident in their daily lives, whether it's at school, sports, or home.

I am truly grateful for Mrs. Davis and Mr. Gaughan's passion and dedication to each student. Ripple Effect Martial Arts is not just a place to learn karate; it has become a part of our community and our children's lives. Master macy's decision to bring this studio to Fleming Island has truly been a blessing fu us.

If you are looking for a great martial arts studio. I ighly recommend ripple Effect. It will help your child in more ways than you can imagine!



**Ares-Aryra Lowe**

7 reviews

★★★★★



I highly recommend Ripple Effect if you or your child(ren) are thinking about learning karate. Mrs. Davis and Mr. Gaughan are the friendliest instructors and they're truly amazing with the kiddos. Their knowledge of the art is extensive and they make every class fun while ensuring they teach the fundamentals and discipline that comes along with martial arts. My daughter attends classes every single week day (sometimes more than one class a day) and I've seen such an improvement in her behavior at home especially when it comes to respect, self control, and compassion. I can attribute that to her joining the Ripple Effect family and I'm absolutely thrilled that we made that decision!



**Andrea Johnson**

★★★★★



We have had such a wonderful experience at Ripple Effect. They have made such a positive impact on our kids and are helping them grow into respectful, helpful and kind young men. Mr. Wagoner, Mr. Hunter, Miss. Angie, Ms. Krissy and all the other staff at Ripple Effect will teach them, train them, lift them up, teach them respect by giving them respect, and hold them accountable. We are so thankful for the work they do, and can not speak highly enough about them. We love our Ripple Effect Family!



**Kelly Brooks**

16 reviews

★★★★★



I can't say enough great things about Ripple Effect Martial Arts! We had tried other programs but the difference is like night and day. My sons are now 2nd Degree certified black belts and Ripple Effect has become family.

**Kristina Williams**

4 reviews



Ripple Effect Martial Arts (REMA) teaches more than just martial arts. They really work to strengthen their students in all aspects of their lives. They teach goal setting, priorities, integrity, and how to be an overall good person. They teach self defense, how to dissolve bad situations, and how to stand up to bullies in a way that dissolves the situation. They teach discipline, perseverance, and self-control. I have watched kids under 10 years old persevere through more than the average adult could handle. The instructors really care about their students and families. They get to know you and genuinely care!

**Amy Egan**

4 reviews



My son has grown leaps and bounds and is already a red belt! He is a natural at combos and loves all of the staff and instructors.

**Ben Zomer**

11 reviews



My 5 year old daughter started Ripple Effect over a year ago. At first I was apprehensive of such a young person starting Martial Arts. But it was apparent at the very first class that everyone involved was making sure that she would have a great experience. Mr. Robinson and Mr. Worth make the learning extremely fun while disciplined. They get the students to want to push themselves. The lessons learned go far and above martial arts. Leadership, confidence, self esteem, respect for others and anti-bullying are the cornerstones of the school. Most of the students are children age 4-14 and the instructors are fantastic with them. Engaging, friendly and fun while teaching the curriculum and relating skills to the real world. We will continue to go there. It's a great value.

**Todd Grauvogel**

1 review



Our son, Teagan, has grown so much in the three years he has been practicing his Martial Arts. All the instructors care deeply about each student. We made the right decision choosing Ripple Effect!!

**Scott Stetz**

Ripple Effect is AWESOME! My kids (4) have been in Karate for 3.5 years and I love how they not only teach Karate but also teach them self discipline and respect! We love the staff!

**Jason Zhan**

2 reviews



Ripple effect is the best place for kids to gain confidence, learn to be respectful and be responsible. My son has grown so much over the year in Ripple. Thank you so much Mrs Davis, Mr Gaughan, and every single one of the instructing team in Ripple effect Fleming Island.

**Abi Steiner**

7 reviews



I can't say enough good things about Ripple Effect.

The changes I've seen in my 5 year old in just 7 months are incredible. Behavior has improved, social skills have improved as have self-awareness and mindfulness.

This program provides structure, discipline, improves self-esteem in a very non-judgmental and compassionate way.

The support offered not just to the development of the students but also to parents is incredible.

As a single mom, the struggle to find balance, support, and positive male role models is real, and Ripple Effect helps provide all of that. This is an expense that is worth every penny.

Their student leaders are caring, strong and mature- true testaments to the quality of the instructors.

I can easily see this as a permanent fixture for my son and me.

**Tony Doft**

3 reviews



Our family has been studying Tae Kwan Do with Ripple Effect for almost a year now. It's hard to say enough good to do them justice! As a parent I really appreciate that the curriculum includes frequent lessons on goal setting, peer pressure, self-awareness, household chore completion, academic rigor etc. Even better, the instructors and staff are fantastic role models that display these values in action. As a health care provider I also really appreciate the breadth of fitness required to advance in belt rank-aerobic training, strength, flexibility, balance, agility-all part of every class.

I could go on and on about how great the instructors are or how solid their program is!!!!

**Kristen Martell**

1 review



Our daughter Ramona has been in the Little Ripples class for almost a year now and we simply cannot say enough good things! The character development that is prioritized in the program as a whole is so so beneficial. We are excited to continue to watch her grown and develop on and off the mat as she strives for black belt excellence! Thank you Ripple Effect!!



**Lara Lauritz**

2 reviews



My whole family has benefited from our classes and training here. The staff make a point to get to know each student and family member, creating community and belonging. They work with each student at their level, helping each of us to grow and stretch ourselves. My sons have learned to trust that they truly can do hard things, they have supports to take on challenges, and they have the confidence in themselves. It's been amazing to see the increased focus, self-control, acceptance of responsibility, planning skills, and ability to confidently present in front of groups that has come with their training. And I have benefited and grown just as much training beside them.



**Crystal Ramos**



Great instructors and the kids love to learn from them. they will work with every kind of kid and help them learn no matter the learning style they have.



**Whitney Martin**



Ripple effect is great for any individual or family. We have found a place to learn confidence, physical and emotional strength, and we are able to surround ourselves with like minded individuals. The confidence and dedication my boys have gained in the last year has been amazing! They use these skills in martial arts, in school, and in our home life!



**Christie Olson**



Ripple Effect has made us feel like family. My husband and son have loved the physical challenges of each class. Personally, I love the character challenges and guidance they provide in setting personal goals. We've seen a big shift in our home with more positive attitudes towards hard things and better self-control when frustrations arise. Our littlest family members are anxious to get on the mats too! With Mother's practicing free during the month of May, we are well on our way to Tang Soo Do becoming a family affair.



**Casey Behrmann**

15 reviews



Ripple Effect has had such a positive impact on my daughter. Aside from the obvious physical benefits of martial arts, her focus, confidence, and leadership skills have grown exponentially. We appreciate the focus on character development in addition to physical fitness.

We are beyond grateful for the REMA community and can't wait to see how she continues to grow.



**Lindsay Paulding**

1 review



Three years ago we signed our 6-year-old up for karate classes hoping to find a fun extracurricular activity where she could get some exercise and meet new kids. Today our daughter is a strong, respectful, confident low brown belt who is working hard every day to get closer to her black belt. Her accountability, not only to us as parents, but also to her teammates and instructors, has drilled into her skills that transcend karate. The instructors have incredible martial arts expertise, professionalism and ability to engage students of all levels. We're so glad to have found Ripple Effect Martial Arts!



**Elizabeth Sanchez**

1 review



I brought my kids in for a free class and now a year later my son is a purple belt on his way to his black belt! Ms Huff and Mr Verant have been with us the whole journey and have been so supportive and encouraging!



**Gryphon Garlitz**

1 review



Our Son wanted to get into Martial Arts and had a friend enrolled @ Ripple Effect so we went in to check it out. Needless to say he has been enrolled for almost 6 months now and has been going almost 5 nights a week since he started. The instructors are amazing. The not only train for martial arts but teach life lessons as well. The curriculum is intertwined with training, home life, school, & personal growth. They are helping structure the students into honorable and respectable people. Some of the personal transformations I have seen in my son and other students are amazing. We are so impressed with how our Son has committed to becoming a black belt and leader that we have enrolled him for the next few years so that he can earn his black belt. He has set a personal goal to become a junior instructor. If you are looking for an amazing school to help you or your children grow in every way possible, I highly recommend Ripple Effect Martial Arts.



**Ashlea Franques**



Awesome instructors who make learning fun! My son loves going and I have seen amazing improvements at home in focus, listening and flexibility!



**Ami Dumas McKenzie**



We love Ripple Effect! Focus, self confidence, respect, and diligence are just a few things that our 9 year old has improved this past year. He's also excited to go to class.

**Terry Brady**

4 reviews



My granddaughter became a student about 2 years ago at age 7. Now age 9 she has grown to love the personal and community connections with instructors and other students. Ripple Effect impact in her physical sense is one dramatic improvement. I couldn't do 100 push-ups when I was 21! The larger result was in her demeanor, somewhat shy, not really coordinated or athletic, she responded with encouragement by fellow students and staff and ownership. I saw marked changes in her behavior, in memorizing and employing tenets of commitment, helpfulness, encouraged by achievements in belt type, confidence in sparring and tournaments and improved responsiveness to responsibility and behavior in her household, school and to her parents. A sea change, really, and a fabulous combination of learning intensity, cooperation and ambition all rolled into one. Kudos, Ripple Effect! Thank you.

**Jennifer L**

2 reviews



Our experience at REMA has far exceeded my expectations. When our 4-year-old requested that he get involved in "karate", we had no idea what it might involve. Our son is developing his core values, gaining self-confidence, and learning about humility. He wants to exercise and get stronger and thrives in a challenging yet supportive environment created by REMA.

There is also an admiration that he has developed for REMA instructors. He has so many young leaders to learn from which at times is more powerful than all that we do at home. I feel like he has an extra layer of support to reinforce the importance of being a positive role model, making healthy choices, and learning how to achieve his goals. The other students are helpful and respectful to each other including the younger students.

I am so grateful for the experience that he has each day he enters this martial arts school!!!!

**Suji Stolte**

9 reviews



There is not enough that I can say about Ripple Effect Martial Arts. Everyone there is amazing. You can really tell that every staff member there is invested in the students well-being and success. Miss Sierra and the rest of the team there is always there to help my daughter when she can't tie her belt correctly. Our family really loves everyone there. They also help the students to focus not just on the martial arts they do but to focus in every area of their life. I feel like they take the time with my daughter and know how to help her. She has flourished there, even more than I thought she could. The instructors helped her to become more confident with everything she does and there are no words to express my gratitude. I tell everyone I meet about how amazing Ripple Effect Martial Arts is and recommend them to everyone. Everyone there really makes you feel like you are apart of the Ripple Effect family.

**Dustin Bryant**

5 star rating



Excellent teachers, awesome, family friendly environment! Our children have enjoyed the training and already seen better behavior in every aspect of their lives. It's more than just a life skill, they teach us all how to be better at life! We get to train with our children and are very happy and excited we started our Black Belt training here!

**Ben Savoy**

14 reviews



Excellent place for all ages. They excel at building confidence and skill in their students. It started with us wanting to give our daughter an outlet for exercise but they offer so much more. Happily our child is gaining focus and respect. We intend to see her achieve her black belt.

**Andrew Pristyak**

5 reviews



Superb discipline, and excellent mentorship! We have been part of MMA/Ripple for almost 3 years now and have seen amazing progress with my children and myself. One of the best activities I started doing since retiring from active duty. Their best strength is the staff who are like family to us now. Thank you very much MMA/Ripple Effect!!!

**Amanda Goodale**

10 reviews



We absolutely love Ripple Effect! Our son has learned self discipline, leadership skills, and gained so many valuable life skills.

**Jennifer Fudge**

3 reviews



Ripple Effect has been an excellent place for my son to find his passion, practice his skill, grow confidence in himself as an individual and a leader.

**Christina Skinner**

92 reviews



My kids have loved being here! The instructors are great and energetic. We are seeing an improvement with the kids attitude and self confidence.

**Shellie Zeiler-Becker**

★★★★★

They are amazing!!! They have the perfect balance of fun ,discipline, and encouragement !!! Both my children practice their ages 7 and 13 and we are over the moon happy!

**Betty Morley**

3 reviews

★★★★★

Everything they teach here is all helping them to succeed in the real world. I'm so great full for everything they have taught my daughter.

**Natalie Brunson**

11 reviews

★★★★★

If I could rate more than 5 stars, I would! The instructors at Ripple Effect are invested in every single student here. In addition to having black belts themselves, the instructors are genuine, humble & have high expectations of the students. Ripple Effect focuses on developing character traits (such as modesty, courtesy, integrity) just as much as teaching/developing students' martial arts skills. The environment is professional and welcoming to all.

**Adrian Resendez**

★★★★★

my son Izaiah started off a white belt and this Tuesday he passed his test now he is a Brown belt he really loves coming to ripple effect i put him in karate because he was the smallest one in his class and was always getting bullied at school and this school has helped him a lot.

**Skye Myers**

3 reviews

★★★★★

We have had a great experience with Ripple Effect Martial Arts! Our daughter now has better grades, is more confident and is more respectful towards peers and parents! I would recommend this karate studio to anyone and everyone!

**Angelica Nelson**

4 reviews

★★★★★

If you have a child who is confident yet shy, karate is a great way to help them come out of that shell !

With consistent procedures and routines, Ripple Effect reinforces many skills/ life skills that are taught at home and in school.

Not only is my son continuously learning and using these important skills, but also learning self defense and how to be respectful in all places, at all times, and with all people.

**Ryan Olson**

12 reviews

★★★★★

Great instructors and great group of people and community. When my son first joined we went on a camping trip and that night it was freezing temperatures and multiple families invited those who did not reserve a cabin to stay in the cabins with them. The instructors really challenge each student to become a better you. Not only for yourself but also for your family and your community. They take the time to teach students the material and to make sure you are ready for the next belt. I wouldn't trade this group of people for another.

**Lee Crane**

2 reviews

★★★★★

Excellent environment, friendly staff and families. The karate is well structured and fun. We have been going as a family (dad and three kids) for 5 years and love our experiences here.

**Beth Collins**

★★★★★

Amari has been with the Ripple Effects family in Fort Collins for 1 year. She came in feeling unsure of herself as a 6 year old only child living in a weird covid land since kindergarten and afraid to interact with others or believing in her own power. Fast forward to a year later and Amari has confidence in herself, believes she is loved by her teachers in karate, knows what team work is and how to support each other and stand and grow in something you believe in. She is a part of the leadership program and demonstrates eye contact, respect, confidence in self and feels belonging. Thank you Ripple Effects!

**Allison McGinley**

9 reviews

★★★★★

This is an amazing studio where the whole family can train together! The instructors are trained Black Belt professionals, who are committed to instilling confidence, morale, self-discipline, and the art of Taekwondo to my children. We also love ninja nights and karate camp!

**Katrina Milligan**

3 reviews

★★★★★

My daughter loves it here. It has become more like a second family. She has learned so much since being here.







**Jonathon Lucero**

2 reviews



I have seen so much growth in all three of my kiddos in the last couple years at ripple effect! So proud of the progress they are making mentally, emotionally and physically! Thank you Ripple Effect!



**Jenny Hart**



I cannot begin to rave enough about this establishment. From the front desk/office staff, to the main instructors, to the young leaders, everyone truly cares about every single student that walks through the door. They always treat every student and family member as if you are their only client. My four year old is an only child and when we have behavior issues pop up that we can't seem to fix, Mr. Wagoner is always willing to spend one on one time with us to discuss and come up with a unique game plan for our son. It's amazing how talented they are, not only in the martial arts, but childhood development as well. It's wonderful to celebrate each child (and adult's) milestones and would recommend Ripple Effect to anyone looking for martial arts training, friendships and fun!



**Heather Carstens**

6 reviews



I have seen such a change in my daughter. She is more confident, and respectful. She is doing great in school, and it is great exercise too! Would 100% recommend them to anyone!



**Denise Stetz**



All four of our children (ages 9,11,14 and 19) have attended Ripple Effect for up to 3 years. It has been amazing for each one - from day one the staff has been welcoming and understanding without waivering on expectations in attitude. Absolutely recommend!!!



**Leanne Lyon Scholand**



The best description I've heard of Ripple Effect by a fellow parent whose name I never learned is, "It's character development disguised as Karate..." It is a rigorous Black Belt program, but it has also been transformational for our son.



**Karen Doolittle**



We absolutely love ripple effect! The instructors and studio are so engaging and committed! Top notch experience for my 7yr old who looks forward to being a part of the community and going to class every week! This discipline carries over in everyday life for him.



**Tony Martinac**



Ripple Effect has provided a great transformation of our family. Our son's focus has improved, and he now sets goals for himself. he also loves to earn that next belt! they have also gotten my wife and I to get active and do things we thought we would never do. plus, everyone is supportive and fun.



**Ellen Powel Roach**



Wonderful instructors that are shaping the lives of everyone they teach. They make you feel like family and I couldn't be more proud to have my daughter enrolled.



**Kristen Balhiser**

51 reviews



Our son enjoys the opportunities provided by Ripple Effect. He thrives under the instruction of the black belt instructors. We have seen a huge improvement in his behaviors and progress in school since starting his martial arts program. We love that the program focuses not just on the physical aspects of martial arts, but mental and emotional pieces as well.



**Oscar G. Carrasco**



We have been here for almost a year and I have seen the confidence in my boys skyrocket. The instructors are so understanding and extremely patient. I witnessed a boy who was just starting out be so shy that he sat in the corner and their approach to his shyness blew me away. The next time I saw him he was out there just doing it. I appreciate that kind of dedication to their students and highly recommend this establishment.



**Joshua French**



My kids have benefited from both the martial arts physical training and the additional character building with things like "word of the month" which incorporate valuable traits to becoming a successful and respectful person on their life journey.



**T****Tony M. Walls**

★★★★★



My daughter has been going here for a couple of years and she loves it. so I thought I would join myself and become part of this family of incredible instructors and students!!!!!!

**L****Lauren McLaughlin Thurman**

★★★★★



We LOVE Ripple Effect!! Karate has boosted our child's confidence, self control, grown her leadership skills and taught her responsibility. We highly recommend Ripple Effect.

**T****Tenaya Hinshaw**

★★★★★



This is a wonderful school! Teaches great values and techniques in a fun and engaging way. The staff are absolutely wonderful, our family loves coming to class!

**M****Mary Boswell**

★★★★★



My son has been a part of this school for over 6 years, and the community is amazing. He has gained so much confidence, and not to mention the super cool moves that come along with tears of practice.

**C****Chianne Coffman**

★★★★★



I knew nothing about karate 5 years ago when I signed my 3-year-old, ninja-turtle-wanna-be son on with Ripple Effect Martial Arts. While in the Little Ripple Program (3-5 year olds), I saw that the instructors really had a passion for teaching their art. Not to mention a massive amount of patience in teaching the littles. Each instructor is a true leader! After Little Ripples, my son's leap into his belt rank "adult" classes was a bit intimidating for him. However, his bond with his instructors gave him the confidence and courage to step on to the mat and give it his all. All throughout our black belt journey there have been countless "proud mom" moments and I am so grateful to have put my son into the program when I did! He has grown up with his own desire to lead others, give back to the community and wear his black belt with the goal of inspiring, encouraging and demonstrating all it means to be a true black belt. Thank you Ripple Effect Martial Arts!

**K****Kim Menghi**

★★★★★



The most important thing to know about REMA is the importance of family, friendship and discipline. Knowing karate is meaningless without those important facets, and that is why I joined. Being friendly, helpful, supportive, inclusive go hand-in-hand with learning technique and forms, and the staff stresses that, on and off the floor.

**J****Jessica Goen**

12 reviews

★★★★★



Ripple Effect has truly changed not just my daughters world but mine too. They encourage your growth, not just in the sport but as a person too. It's a family, it's a community, and one I'm incredibly honored to be apart of.

**S****Sarah Krom**

★★★★★



If you are looking for a place that honors integrity and community this is the place. There are genuine caring people that make this school something very special.

**C****Christopher YellowBoy**

★★★★★



This place is amazing. The instructors are great. They take the time to make sure everyone in class is included, and has one on one time with each student. Our daughter has built great confidence and self control since going to Ripple Effect.

**E****Elizabeth Walden**

7 reviews

★★★★★



Love Ripple Effect! My son started over a year ago and the positive changes in his attitude and behavior since have been fantastic. He's also gained so much confidence. Can't wait to see him earn his black belt.

**M****Megan Sutton**

★★★★★



Ripple Effect is the best thing that we did for our kids. they learn so much and are much more respectable since starting their black belt journey.