

JOHNSTOWN SCHEDULE



	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1st Introductory	5:45-6:30pm	7-7:45pm	6:30-7:15pm	6:30-7:15pm	5-5:45pm	12-12:45pm 1-1:45pm
Little Ripples (ages 3-6)		5-5:30pm 5:30-5:45pm (leadership)	6-6:30pm	5-5:30pm 5:30-5:45pm (leadership)	5-5:30pm 5:30-5:45pm (leadership)	10:30-11am
White		5:45-6:30pm	5:15-6pm	5:45-6:30pm	5:45-6:30pm	11-11:45am
Gold-H. Gold	5-5:45pm		7:15-8pm		6:30-7:15pm	9-9:45am
Orange-H. Orange	4:15-5pm		6:30-7:15pm	6:30-7:15pm	4:15-5pm	
Green-Purple Blue-H. Blue	7:15-8pm	6:30-7:15pm	4:30-5:15pm			9:45-10:30am
Red-L. Brown Brown-H. Brown	6:30-7:15pm	4:15-5pm		7:45-8:30pm		11:45am- 12:30pm
Conditional Black	5:45-6:30pm		8-8:45pm	4:15-5pm		
Black	5:45-6:30pm		8-8:45pm 8-8:45pm (2nd degree)	4:15-5pm 4:15-5pm (black-red/brown)	7:45-8:45pm (rotating)	8-9am
Leadership	8-8:30pm (weapons)	7:15-8pm (sparring)	4-4:30pm (weapons)	7:15-7:45pm (LEAD talk)	7:15-7:45 (weapons)	12:30-1:30pm (targeted leadership topics)
Adults (13+)						8-9am
Junior Instructor Training		8:15-9:15pm				

EFFECTIVE:
Tuesday, May 28

Pad Day (bring sparring gear)

For the current
schedule visit
MyKarateClasses.com

EVERY
SETBACK
IS A SETUP FOR A
comeback...
KEEP STRIVING,
KEEP GROWING,
AND EMBRACE
THE JOURNEY!

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