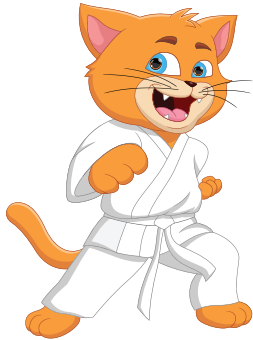


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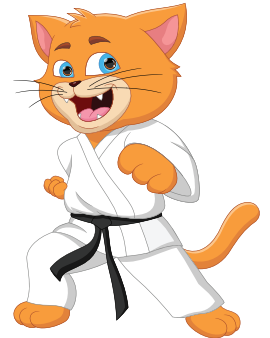
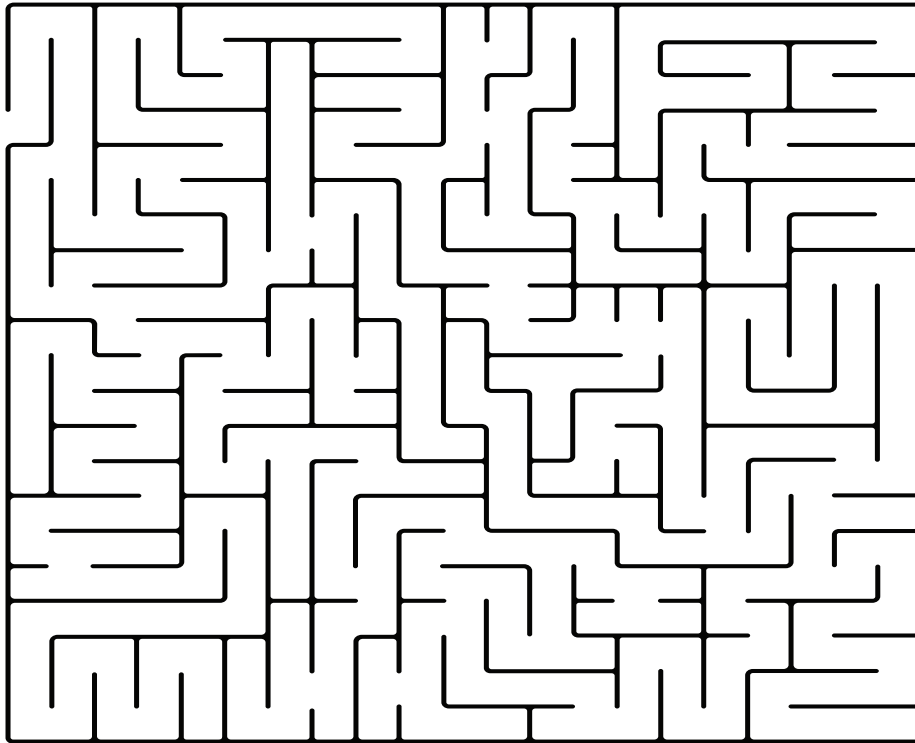
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PERSEVERANCE

Help Kitty the Ninja get to his Black Belt.



PERSEVERE



FINISH STRONG!

Having perseverance means to keep trying even when its hard.

What is a goal you are persevering through right now?

What can you say to yourself when you are feeling frustrated as you work toward this goal?

FAMILY DISCUSSION

Think of a goal you have as a family. List 3 challenges you may face while working on this goal.

As a family, brainstorm 3 strategies to help you overcome these challenges and persevere!