

The Karate Times

- RIPPLE EFFECT MARTIAL ARTS -

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GENEROSITY



"To practice five things under all circumstances constitutes perfect virtue; these five are gravity, generosity of soul, sincerity, earnestness, and kindness." — Confucius

What does it mean to be generous? It's kinda tough to define. How much of your time, your money, your food, your space do you give away? Is there a measure to it?

There are many legends about generosity. Think of the fable of the mouse and the lion. The powerful lion had a thorn in his paw. With all his strength, he wasn't nimble enough to pull it out. And it hurt. Bad.

Along came the mouse, who didn't owe anything to the lion. He would, under any other circumstances, be the lion's meal. But the mouse didn't pass on by. He stopped. He was curious to know what was wrong, and if he could help.

You know the rest.

The mouse's precious fingers withdrew the painful thorn. The lion sat back. The lion smiled (we can imagine). He might've shaken the mouse's little paw.

The mouse showed generosity. Many times on the karate mat littler partners might give guidance, advice, answers to their bigger foes.

The idea is that karate breeds generosity. As adults and parents we're generous to younger students by being... nice. Kind. Not so hard with our hits and kicks.

We're also generous in delivering those kids to karate. In delivering those kicks and punches (with care).

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"I'm smiling the whole time. It's fun, it's challenging, and the instructors and staff...we couldn't ask for better." Amy Lou Dement

"My family consistently remarks that belonging to the Ripple Effect family is "the best money we spend every month." The instructors and staff are incredible: positive, motivational, encouraging and challenging." Zach Baze

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COACHES CORNER

How Karate Helps Kids Become Generous



"Real generosity toward the future lies in giving all to the present." Albert Camus

"Giving all to the present." Sounds like a pun. Leave it to Camus.

What it means for karate parents is that push ups, side kicks, forms, sparring, high fives, yells before the crowd, bowing onto the mat and all the rest is living in the present.

You've seen it. Snapping to attention at the beginning and end of karate class rivets kids into the moment.

And with a goal of black belt those moments build to something concrete. A solid foundation of confidence, dexterity and flexibility to help kids accomplish whatever they want in life.

But it also helps kids give. How? Think about how karate commands them to the present:

- Word of the Month Worksheets
- Leadership Presentations
- Group Forms
- Partner Drills

These are all ways that kids present themselves to each other, and to the audience in the aisles.

You've seen your kids worksheets, presentations, forms and drills. You've seen their advancement. And you've seen other kids advancing alongside them. You're receiving the generosity of their black belt efforts. And it's because of you that those kids are ready to give.

CHEER ON THESE AWESOME KARATAKA GOOD TIMES!



"WE ABSOLUTELY LOVE RIPPLE EFFECT AND THEIR STAFF!!!"
- AIMEE FURLONG



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You're on the Road to Black Belt.

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