

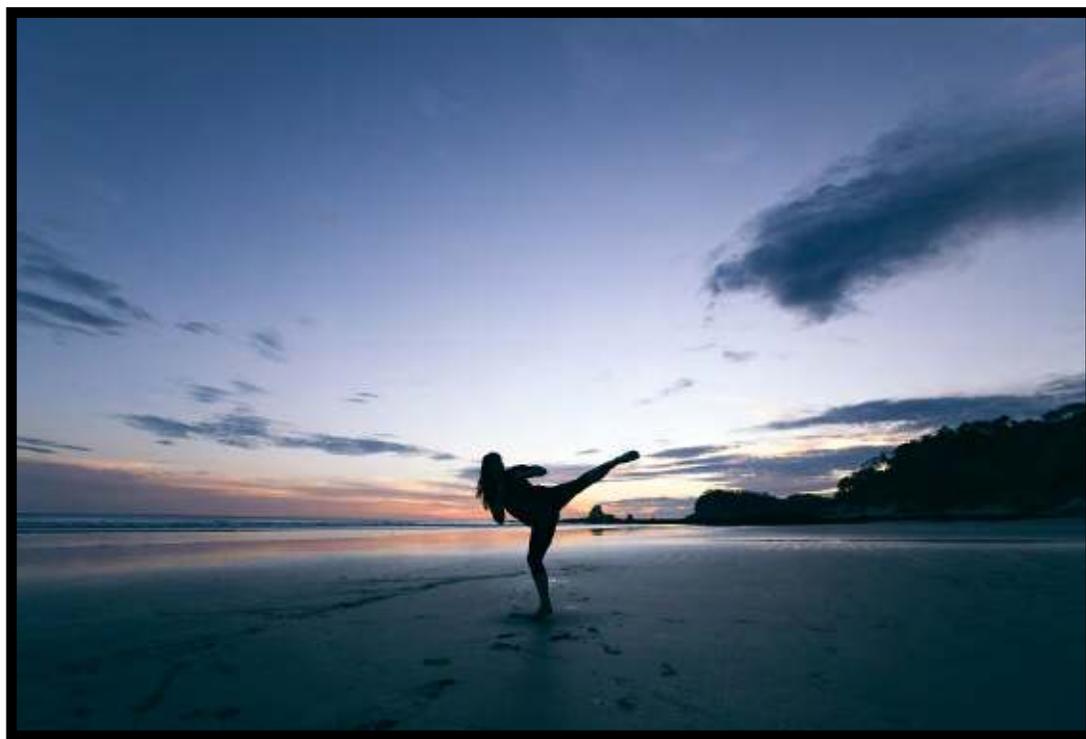
The Karate Times

- RIPPLE EFFECT MARTIAL ARTS -

JULY 29, 2022

INDEPENDENCE

It's not just feeling free. It's helping others get there.



"Discipline is freedom." — Jocko Wilink

We say it a lot, and it's true: Martial arts teaches independence.

You learn how to dress-in-uniform, how to stand, how to address instructors.

And all this sounds like the opposite of independence. It sounds like constantly answering to someone else.

These acts of respect, anchor you on the route to black belt.

RIPPLE EFFECT
Martial Arts

FORT COLLINS
(NEXT TO SUPER TARGET)

LONGMONT
(VILLAGE AT THE PEAKS)

JOHNSTOWN
(NEXT TO SCHEELS)

Think about it: Those instructors giving you orders have gone through the same black belt process themselves, showing respect, gaining strength and learning leadership skills, all through following commands.

And now they're free to lead you and whole karate classes in some pretty intense (and fun) karate curriculum.

You can gain more independence past black belt through the ranks of junior instructor, full instructor, and even master instructor. Sky's the limit, black belts.

"I'm smiling the whole time. It's fun, it's challenging, and the instructors and staff...we couldn't ask for better." Amy Lou Dement

"My family consistently remarks that belonging to the Ripple Effect family is "the best money we spend every month." The instructors and staff are incredible: positive, motivational, encouraging and challenging." Zach Baze

844-321-KICK (5425)

WWW.KARATESPECIAL.COM

COACHES CORNER

How Karate Helps Kids Foster Independence



"In a gentle way, you can shake the world." Mahatma Gandhi

"Why do I have to do this?" [*in reference to climbing down from the terrifyingly high rungs of a tree*] or "I already know how!" are common themes amongst the kids and teens.

As parents, how do we answer?

In a word, though it might not go over so well, the answer is:

Because you want to be independent.

Independence is something every kid wants but is also the scariest thing imaginable. This comes across when you ask a young karate student to come up and lead the class. "Sure!" is the first sentiment. Then you're facing two dozen eager karate students and thinking "Wow, I wish an instructor would tell me what to do...."

Independence takes a few things: *Confidence, Strength, and the Ability to Lead.*

Leadership is the flip side of the coin to being able to *listen and follow*. That's what the path to black belt teaches young kids. And the rewards start coming really early.

That first time a new student steps out on the mat--that is, after they've been accustomed to some karate paradigms through the introductory lessons--that student presents themselves to the class, made up of mostly people they don't know, don't recognize, have no reason to feel comfortable with... except that they're all students on the journey to black belt.

There's a trust there, and it's the first tinge of independence, that your kid is rewarded for their boldness before a beneficent group of martial artists.

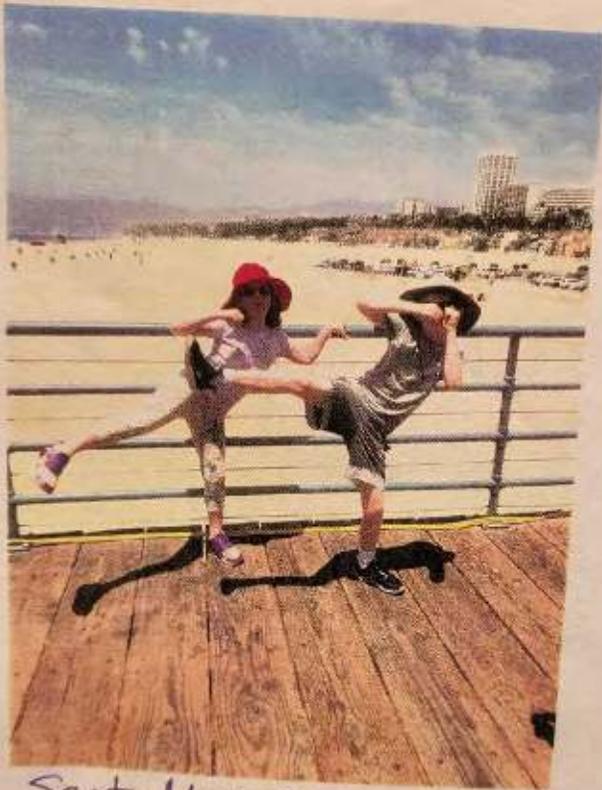
CHEER ON THESE KARATE DADS AND SUMMER SIDEKICKERS!



Terry Bison Ranch-Wyoming



Avalanche Watch Party
Game 3 vs Oilers



Santa Monica



**SEE OUR
FACEBOOK
PAGES FOR
DETAILS!**



RIPPLE EFFECT
Martial Arts



TEACHERS:
**\$500 Classroom
Giveaway!!!**

**FOCUS
CONFIDENCE
STRENGTH
RESPECT
LEADERSHIP**



**FOUR
WEEKS OF
KARATE:**

\$29

RIPPLE EFFECT
Martial Arts

SAVE THE DATE...

**FOR THE KARATE
PICNIC | OUTDOOR CLASSES |
GAMES | FAMILY FUN**

**BRING A PICNIC LUNCH,
SUNSCREEN, + YOUR
FAMILY AND FRIENDS!!**

RIPPLE EFFECT
Martial Arts

**STUDENTS
AND FAMILIES:**

SEE YOU AT THE

**RIPPLE EFFECT
SUMMER PICNIC!**



**SATURDAY,
AUGUST 6
10 A.M. - 1 P.M.**

**MEHAFFEY PARK
3285 W. 22ND ST.
LOVELAND, COLORADO**

844-321-KICK
Rippleeffectmartialarts.com

RIPPLE EFFECT
Martial Arts

FORT COLLINS | LONGMONT | JOHNSTOWN