

HOW DO
YOU SHOW



BLACK
BELT

RESPECT?

Name: _____

R-E-S-P-E-C-T. RESPECT is admiration in action. You respect people you love and look up to. Martial artists show RESPECT at home, in karate class and at school by smiling, bowing courtesy, listening, being a great partner, and passing on black belt lessons.

Name some actions you use, as a martial artist, to show respect. _____

Name a person you respect. _____

Why do you respect this person? What have they done to earn your respect? _____

What can you do to show respect to this person? _____

Draw a picture of a time when you showed respect to someone (and write a word or two about how it made you feel to show respect!)