

(Parent/Guardian)

RIPPLE EFFECT WEEKLY JOB LIST RIPPLE EFFECT WEEKLY JOB LIST

Martial Arts								Martial Arts							
Name				Date				Name					Date		
FAMILY/FRIENDS	SUN	MON	TUE	WED	THU	FRI	SAT	FAMILY/FRIENDS		SUN	MON	TUE	WED	THU	FRI
did one small act of kindness. demonstrated the principles of black belt. treated my family/friends with love & respect								I did one small act of kindness. I demonstrated the principles of treated my family/friends with	f black belt.	t.					
completed my homework on time. used black belt effort in class. treated my teachers/classmates with respect.								I completed my homework on I used black belt effort in class. I treated my teachers/classmate							
made my bed. put away my personal belongings. put my dirty clothes in the laundry. cleaned up after meals and snacks.								I made my bed. I put away my personal belong I put my dirty clothes in the lau I cleaned up after meals and sn	ndry.						
SELF CARE brushed my teeth and hair (am/pm). kept my body clean.								SELF CARE I brushed my teeth and hair (all left) left my body clean.	m/pm).						
MARTIAL ARTS stretched/practiced for 15 minutes.								MARTIAL ARTS I stretched/practiced for 15 mi	nutes.						
WHAT DID YOU F	RAC	TICE	?					WH.	AT DID YOU I	PRAC	ΓICE?)			
MY SMART GOAL FOR THE MONTH:							MY SMART GOAL FOR THE MONTH:								
nspected by:		On the	back o	of this s	sheet, "victo	brag o	on te.	Inspected by:		C	n the our kia	back c	f this s	heet, l	brag 'y" no

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