

# RESPECT

Name: \_\_\_\_\_

**R-E-S-P-E-C-T.** RESPECT is *admiration in action*. You respect people you love and look up to. Martial artists show RESPECT by shaking hands, smiling, bowing courtesy, listening, being a great partner, and controlling our bodies and emotions.

Name some actions you use, as a martial artist, to show respect. \_\_\_\_\_

Name a person you respect. \_\_\_\_\_

Why do you respect this person? What have they done to earn your respect? \_\_\_\_\_

What can you do to show respect to this person? \_\_\_\_\_

Draw a picture of a time when you showed respect to someone! (and write a little line describing how you're showing respect!)

