

"There is no

# PASSION

[in[ playing small."  
Nelson Mandela

Name: \_\_\_\_\_

**Passion** is a strong emotion, a drive so powerful you can barely control it. You can have a passion for sports, for music, for poetry, for winning. No matter what you want to do in life, your passion's your ticket.

OK, dig deep—***What's your passion?*** What do you wake up and want to do so much you almost forget to eat breakfast? \_\_\_\_\_

Describe a time when someone helped you pursue a passion. How did they encourage you? \_\_\_\_\_

How does your martial arts training help you pursue your passion? \_\_\_\_\_

What can you do, every day, to keep your passion alive? ***I CAN ...*** \_\_\_\_\_

Draw a picture of your passion at work. ***Make us laugh, make us cry, show us how crazy you are about what you love!***

