



LONGMONT Class Schedule Winter 2018

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1st Introductory	7:45-8:30pm	3-3:30pm	4-4:30pm		4-4:45pm	2-2:30pm
Little Ripples (ages 3-6)	3:30-4pm 4-4:15pm (leadership)	3:30-4pm 4-4:15pm (leadership)	3:30-4pm 5:45-6:15pm	3:30-4pm	3:30-4pm 4-4:15pm (leadership)	10:45-11:15am
White		5-5:45pm	6:15-7pm	5:45-6:30pm		9:15-10am
Gold-H. Gold	5:45-6:30pm	4:15-5pm		6:30-7:15pm		11:15am-12pm
Orange-H. Orange	5-5:45pm	7:15-8pm		4-4:45pm		12:30-1:15pm
Green-Purple	7-7:45pm		7-7:45pm	4:45-5:30pm		1:15-2pm
Blue-H. Blue	4:15-5pm		5-5:45pm	7:15-8pm	5-5:45pm	
Red-L. Brown	7:45-8:30pm	6:30-7:15pm			4:15-5pm	8:30-9:15am
Brown-H. Brown		6:30-7:15pm	4:15-5pm		4:15-5pm	10-10:45am
Leadership	6:30-7pm	5:45-6:30pm (sparring)	4-4:15pm	5:30-5:45pm		12-12:30pm
Adult/Teen Karate (ages 14+)		5:45-6:30pm (sparring)			5:45-6:30pm	

EFFECTIVE:
Sunday, November 18

- A-Days: forms and technique
- B-Days: sparring, blocks & counters, and combos

“A COMFORT ZONE
is a **beautiful**
PLACE...
but NOTHING
EVER
GROWS THERE”

**find our up-to-date
schedule at
mykarateclasses.com**

GET TWO FREE KARATE CLASSES AT MYFREEKARATE.COM